

Vision, Mission, and Core Values

JourneyMates, a Christian ministry of soul care and spiritual formation, is designed to open time and space for Christians to notice and respond to God's presence and invitation within and around them. JM began with the vision of gathering like-hearted Christians together around the shared desire and intention to be prayerfully present, attentive and authentic in and through the presence of the Triune God in Christ. That vision, held by founders Jennifer Ennis and Sally Breedlove, led to the first JourneyMates Community of women opening in 2005 and later expanded to include a second JM Community of men and women opening in 2008. Today, JourneyMates comprises of five JM Communities in Raleigh-Durham, NC and five JourneyMates Ministry Areas in Omaha, NE, Edenton, NC, Virginia Beach, VA, Greenwich, CT and Atlanta, GA. JourneyMates engages with over 400 participants yearly through JourneyMates Communities, JourneyMates Retreats and JourneyMates Facilitator and soul care training events.

In January of 2012 the JourneyMates Board of Trustees was named and JourneyMates became a non-profit, 501C3 entity, with Mary Vandel Young serving as Executive Director. At that time the following Vision, Mission and Core Values were established to guide the ministry of JourneyMates:

Vision - To glorify the Triune God and grow in trusting him in all of life, by making space for Christians to notice and respond to God's presence and invitation within and around us.

Mission – To provide contemplative settings where spiritual disciplines are modeled and practiced in Christian community.

Core Values - Authority of Scripture - Silence and Solitude - Prayerful Presence, Attentiveness and Authenticity - Four Movements of the Soul: Upward, Inward, Among and Outward - Spiritual Friendship - Orthodox Christian Faith -Traditional Spiritual Disciplines – Mystery of God - Whole Person: Mind, Body, Soul - Humbly recognize JourneyMates plays one part in God's Kingdom plan.

JourneyMates Why - Christians need time and space to simply be with Jesus.

JourneyMates Ministries

JourneyMates Christian Soul Care and Spiritual Formation Ministries include:

- JourneyMates Communities
- JourneyMates Morning Apart and Day Apart Retreats
- JourneyMates Facilitator and Leadership Training
- JourneyMates Ministry Areas
- JM2 - JM Men's Ministry (2018-19 Initiative)
- JM Non-Profit Leadership Soul Care and Board Discernment Retreats

* Over 400 women and men served within JourneyMates each year.

Leadership

- JourneyMates Board of Trustees: Alanna Linden: Chair, Mike Gioielli: Vice Chair, Mary Vandel Young: Executive Director, Frank Shell: Treasurer, Jennifer Ennis: Founder, Sally Breedlove: Founder, Scottie Dietz: Trustee.
- Mary Vandel Young: Executive Director (staff)
- Megan Miedema, Operations Manager (staff)
- Sally Breedlove, Jennifer Ennis and Mary Vandel Young: Facilitator Training and Supervision.
- Zane Creamer, Anne Storelli, Frank Shell, Mary Zimmerman, Triangle JM Community Leaders.
- Lisa Backer/Kathy Padilla (Omaha, NE), Nancy Rich (Edenton, NC), Heather Wright/Lisa Michalsky (Greenwich, CT), Cindy Gassaway (Virginia Beach), Pam Pitt (Atlanta): JM Community Leaders, JM Ministry Areas.
- JourneyMates is comprised of over 60 additional women and men who serve as volunteer leaders, facilitators, facilitators-in-training and venue hosts.

Vision and Plans for 2018-19 JourneyMates Ministry year

- Triangle JourneyMates Communities Central Raleigh Coed, North Raleigh Women's, Central Raleigh Woman's, Durham/Chapel Hill Women's, JM Triangle FAC/FIT Community.
- JourneyMates Ministry Areas: Atlanta, Edenton, Greenwich, Omaha, Virginia Beach.
- JourneyMates Community Area Board of Trustees representative – Fall 2018
- JourneyMates Morning Apart and Day Apart Retreats – September-May 2018-2019.
- JM2 Soul Care Retreat – Winter 2019
- JourneyMates Facilitator and Leaders Guide – Printed edition August 2018
- JourneyMates resource development, training and supervision
- Mabopane Foundation Board retreat – Winter 2018
- Center for Christianity and Scholarship Fellows – Spring 2018
- Church of Apostles staff retreat – Spring 2018
- Corral Riding Academy Board retreat – Summer 2018
- Mission Triangle - Soul Care Retreat – Fall 2018,
- Angel Oak Creative – Soul Care Retreat – Fall 2018
- JourneyMates FAC Training Conference – Winter 2019

**Over 70 JourneyMates ministry and training events scheduled for 2018-19 ministry year.*

2018 Organization Budget

Revenue:

Triangle JM Communities Ministry Resource Fees:	\$9,000 (\$90/ participant)
JourneyMates Branch Resource Fees:	\$1,600 (\$20/ participant)
Triangle JourneyMates Retreats:	\$3,000 (\$30/ participant)
Church and NPO retreats (limit 4)	\$2,000 (\$350-\$500/ retreat)
*Triangle JourneyMates Partner/Champion Contributions:	<u>\$62,000</u>
Total JourneyMates Ministry organizational budget:	\$74,900

Expenses:

Staff salaries and expenses	\$63,000
Ministry, Resources and Program supplies	<u>\$11,900</u>
Total JourneyMates Ministry Expenses:	\$74,900

*JM practices Transformational Giving principles, seeking God's provision for financial needs. *For more information visit missiontriangle.org. We are grateful for God's provision and the vision he continues to give to further the mission, vision and core values of JourneyMates. Visit the Giving page at JourneyMates.org.